



Mango Dessert Topping

If you're fortunate enough to have an Asian market nearby, check the produce section for good deals on large quantities of mangoes. Serve this tasty topping over your favorite frozen vanilla soy or rice dessert.

2/3 cup sugar
1/2 cup water
3 Tbs. vegan margarine
12 cups sliced mangos (about 8 large mangoes)

In a large saucepan over medium heat, combine sugar and water and cook until sugar dissolves, stirring occasionally. Add margarine; stir until blended. Add sliced mangoes and continue cooking, stirring occasionally, until mangoes are tender and turn a caramel color. Serve over your favorite frozen dessert.