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Great Grilled Veggies

Summer vegetables are wonderful on the grill. Pick your favorites, chop and skewer them, marinate them in your favorite sauce, and grill them to perfection. Served over a bed of rice, veggies are always tasty — and healthy — summer dinner fare.

Choose your favorite vegetables. Some ideas:

Zucchini

Bell peppers: red, green, yellow, orange

Yellow summer squash

Sweet yellow onions

Mushrooms

Cherry tomatoes

Brush on a marinade of oil-and-vinegar dressing, such as Newman's Own (the original), or use a bottled spicy Thai peanut sauce. Or mix pineapple juice, agave nectar, vinegar, and a bit of vegetable oil for a sweet/sour Hawaiian-style flavor. Whatever your marinade, set aside a little extra for pouring over the grilled veggies and rice. Yum!